

October News

South Columbia Family School

Volume 8, Issue 2

Pumpkins, Pumpkins Everywhere

It is truly the season for orange, especially the orange pumpkins.

SCFS has had multiple experiences with pumpkins in the past week or so.

First of all, every kindergarten was given a personal pumpkin, grown by Mrs. Brown for each special child.

On October 16, the school went to the Sauvie Island Pumpkin Patch. The event was very well attended with our students each receiving a free pumpkin. The hay ride was very popular with the families who attended. They all liked the animals in the barn and climbing on the hay bales in the field.

Then, of course, we had the day of Halloween. Although there were those who chose to dress as witches or other interesting creatures (see the inside part), pumpkins were certainly part of this experience, too.



Families enjoy the hayride at the Pumpkin Patch



Inside this issue:

<i>Emotional Support</i>	2
<i>Kindergarten</i>	2
<i>Grades 1-2</i>	2
<i>Grades 3-5</i>	3
<i>Grades 6-8</i>	3
<i>Reptile Man</i>	3
<i>Students of the Month</i>	4

Special points of interest:

- November 6 Reptile Man at SCFS
- November 12 Picture Day
- November 14 Game Night
- December 12 Picture Make-Up Day

Penny Wars

The Penny Wars are over. With strong financial support and clever strategies, the results are in. The final standings are:

- 1st Place—K-2 graders
- 2nd Place—3-5 graders
- 3rd Place—6-8 graders

Thanks to all who contributed. The cash total for the PTO exceeded \$1400

Kindergarten and 1-2 graders will each receive a pizza party.

Social and Emotional Health

A person’s social and emotional health are critical for one’s well-being. As a result of this concern, the school has a cart in the office with various support for students and parents alike.

There are brochures on topics such as:

- Building Self Esteem
- Managing Anxiety
- Coping with Stress
- Calming Techniques
- Supporting Mental Health

There are also books that address specific topics for parents.

Peaceful Parents, Happy Kids

We’re Not Broken

The Anxiety Workbook for Kids

The Anxiety Workbook for Teens

Worry Too Much?

These are available for parents to check out and read.



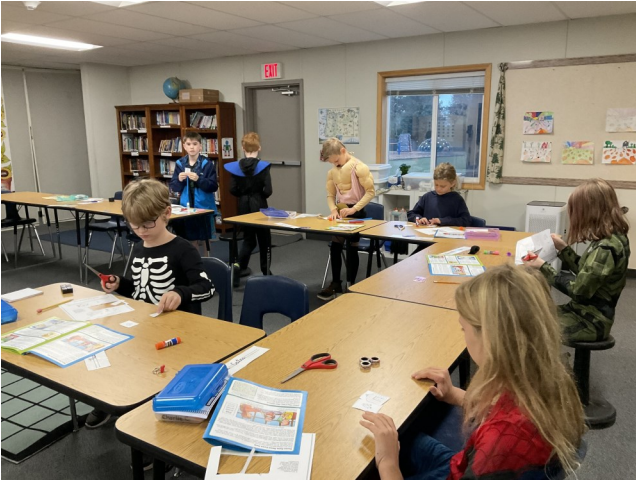
Kindergarten—oh, so scary!



Grades 1-2—Friends aren't scary



Grades 3-5—Skeletons and Pumpkins, Oh My



Grades 6-8—Dress for Success?



The **Reptile Man** is coming to SCFS on Wednesday, November 6th at 3:00 pm.

Due to the room size, we can only host our **SCFS students** for this event, so please respect this. Parents are welcome for a coffee social in Mr. Thibodeaux's classroom



Students of the Month



Kindergarten: **Ayla Youngblood** is growing in confidence, works hard at home and loves coming to school.

Grade 1-2: **Violet Reagan** is a great writer and has been making friends quickly.

Isla Skarsberg, for continuing to work hard, dominating her school work while also taking on an extra leadership role by becoming a Dungeon Master for DnD.

Grades 3-5 —**Olivia Bailey** for being an exceptional student. She has really stepped up in the 5th grade and is a great example for others.



Waiting in line for the hay ride at the Pumpkin Patch